

## THE SEVERN WAY ULTRA

### HOLT CASTLE - CP1 (6.4 miles)

Exit Holt Castle and bear left in front of the church.

At 0.1 mile continue ahead through gate and uphill signposted Severn Way.

At 0.26 miles through gate and straight on towards and through Caravan Sales Area signposted Severn Way.

Follow S/W signs through gates and downhill to track at 0.62 miles where you turn right and immediate left.

At 0.9 miles reach tree line and go left over a stile and then immediate right through the woods. **TAKE CARE** over small wooden bridge.

At 1.0 miles, follow the Public Footpath through the sand & gravel area and at 1.1 miles use metal stairs to go over the conveyor and head for Church straight ahead.

At 1.3 miles (G/R 836 606) enter Churchyard through gate, across and down on the road, bear left with Wagon Wheel pub on right. Follow road as it goes behind the pub.

At 1.6 miles bear right along the Severn Way.

At 2.7 miles (G/R 836 595) reach Bevere Lock, continue on the Severn Way

At 2.9 miles (G/R 835 592) reach the Camp Pub, go through and around beer garden and back onto the river path Severn Way

At 5.9 miles (G/R 846 547) turn left crossing over Main Worcester Bridge and continue along the Severn Way now on the opposite side of the river. **TAKE CARE TRAFFIC.**

At 6.4 miles (G/R 849 542) reach the Diglis Hotel which is **CP1**

**Navigation Difficulty Rating: Low, generally follow river footpath**

**Course Type: Flat, if wet it could be rather muddy**

### CP1 to CP2 (8.9 miles)

Continue along river path, 0.5 miles go around dock area and continue on path.

At 2.3 miles (G/R 853 517), continue under the A4440 Bridge.

At 2.7 miles off towpath into fields, continue on the Severn Way

At 3.7 miles, holiday homes on left

At 5.1 miles track leaves towpath, up steps then bear right continuing along the river path.

At 8.3 miles (G/R 854 431) halt at the wooded area and the path then goes acutely back.

At 9.0 miles (G/R 858 439) reach the main road (A38) and bear left along the path.

At 8.9 miles (G/R 857 441) you reach the Rose & Crown which is **CP2**

**Navigation Difficulty Rating: Low, generally follow river footpath**

**Course Type: Flat, if wet it could be rather muddy**

### CP2 - CP3 (9.4 miles)

From CP2 back to main road, bear right onto the same road you just approached on.

At 0.3 miles (G/R 860 436) take a right sign-posted Severn Way Footpath.

Continue through several gates until at 1.06 miles you reach the river path, continuing through several gates.

At 2.5 miles (G/R 852 408) climb a gate to main road and bridge, cross over bridge and then bear immediate sharp left in front of the Plough Pub and continue along the River Severn.

At 5.8 miles (G/R 867 368) you will reach the M50 Motorway Bridge, continue under along the Severn Way.

Over two small bridges and several gates and styles.

At 8.3 miles (G/R 889 337) you will reach the A438, go left crossing the bridge to the other side of the river and continue to main road (A38) and go right along the footpath.

At 8.8 miles (G/R 893 333) take steps on right down to canal path sign-posted Severn Way.

At 8.9 miles over bridge and immediate right along canal path

At 9.0 miles over bridge and left along canal path

At 9.4 miles (G/R 889 325) cross bridge at Abbey Mill, just over bridge behind the mill in the car park is **CP3, (Victorian Pleasure Gardens).**

**Navigation Difficulty Rating: Low, generally following River Severn signs, but care taken for the last mile. Follow directions. Competitors coming into the CP from the wrong direction will incur a 10 minute time penalty.**

**Course Type: Flat, mainly river bank, field running.**

### CP3 TO CP4 (10.6 miles)

From The Pleasure Gardens, head through the gardens and then after 0.2 miles through a car park and turn right into Lower Lode Lane signed The Severn Way.

At 0.8 miles (G/R 880 316) at the end of the lane you re-join the river by the Cheltenham College Boathouse. Go past this and through a metal gate to resume the riverside route. Between Tewksbury and Gloucester, the Severn Way now barely leaves the river, making navigation very easy to the outskirts of Gloucester.

At 3.5 miles (G/R 855 283) pass The Coal House Inn. Continue forward towards a caravan park, and beyond this, enter a large field remaining with the river.

At 4.3 miles (G/R 846 278) reach Haw Bridge, cross the road (Take Care) and stay on the same side of the river. A short way on, go left over a stile into a field and turn right along the edge of a riverside field that eventually leads to the junction of Coombe Hill Canal and the river Severn. Keep forward to meet a road at Fletcher's Leap and turn right.

At 5.7 miles (G/R 848 258) reach the Red Lion at Wainlode. Leave the road just after the Red Lion, branching right to a stile and a gate to climb above Wainlode Cliff into a large field. Keep right heading to field to a stile in a corner at the edge of woodland. Beyond the stile, go forward into a field briefly then cross a stile on the right to enter woodland. This is Norton Hill, which lies adjacent to Wainlode Hill. The Severn Way now goes through woodland before crossing a field and then

descending by steps through more woodland to rejoin the riverbank. When you leave the trees, follow the right-hand field edge and eventually the Severn Way crosses Rodway Lane. Continue south going through Sandhurst Nature Reserve to reach Upper parting where the river splits into two channels. The Severn Way follows the east channel and continues close to the river. After going round a large field, keep to the right of two electricity pylons to a footbridge at 10.4 miles. The path steers you towards a road, go forward to the road and turn right.

At 10.6 miles (G/R 829 208) reach the White Horse which is CP4.

Navigation difficulty rating: Low, signed The Severn Way  
Course type: Fields, grassy tracks, some tarmac

#### CP4 TO CP5 (14.0 miles)

From The White Horse leave the car park turning left at the road back towards the sluice gate. Turn left before it to re-join the riverside path which passes behind The White Horse. The path leads to the former Walham boatyard where you go down the steps, past some ponds, then on along the towpath.

At 0.9 miles (G/R 821 197) pass beneath the A40 bypass bridge, and through a field.

At 1.2 miles (G/R 824 193) pass under a railway viaduct to enter Westgate Park. Walk to the far side then turn right under a fly-over and proceed across the end of a pedestrian walkway and under another fly-over. Turn left to emerge at the roadside near a petrol station. Go past the petrol station, following the road round to the right past the Countrywide Store to meet Gloucester's Victorian quayside. When you reach the entrance to Gloucester Docks at the Severn road.

At 2.0 miles (G/R 827 184), proceed into the Docks and turn right over a lock gate, opposite the Antiques Centre. Go forward to re-join the Severn Road. Turn left at the Severn road to a T-junction which is Llanthony road. Turn right here to another T-junction at 2.1 miles (the road in front of you is also Llanthony Road). Turn left here and then cross the road to look out for a right turn into Sudmeadow Road.

At 2.4 miles (G/R 822 179) turn right into Sudmeadow Road. After the last terraced house on the right, turn right down a fenced path. At its end, turn left to re-emerge beside the Severn, continuing along the riverside path that loops around Sud Meadow. When having passed the village of Hempsted and approaching The Rea, branch left, still on an embankment, to a stile in a hedge.

At 5.1 miles (G/R 810 164), cross a footbridge to a road, turn right and follow the road to its end, then, just before the last house, turn right through a gate and a garden to a stile (G/R 806 159), beyond which you join the riverbank.

At 6.2 miles (G/R 801 151) reach a road at Lower Rea, turn right and stay on the road for approx. 800 meters then when it bends left, leave it for a path returning to the riverbank. Continue past houses and then to a stile which beyond, you go through a series of riverside fields and orchards. Not far from Wicksgreen you leave the floodbank to go through an orchard at Waterend Farm. On the far side go forward over a footbridge. After passing the village of Longney the river suddenly broadens to accommodate Longney Sands. At the end of the sands you come to Bush Crib, where you pass a cottage and continue along the floodbank, crossing a section of cultivated turf to Longney Crib where the Severn narrows again. The path after a short distance reaches the hamlet of Epney, where the path comes out to a road. Turn right here and proceed to Upper Framilode.

At 14.0 miles turn right (G/R 761 110) and you reach The Anchor Inn, which is CP 5.

Navigation difficulty rating: Low, signed The Severn Way  
Course type: Fields, floodbanks, some tarmac

CP5 - CAMPSITE (9.8 miles)

From The Anchor Inn continue along the road (Take Care).

At 0.7 miles (G/R 752 102) pass over the river Frome bridge then turning right signed the Severn Way to reach St. Peters Church at 0.9 miles. Continue past the church which is signed the Severn way.

At 1.3 miles (G/R 744 104) reach a junction and bear right. Continue along the lane until at 1.8 miles you will pass Priding House. Just after the house the road bends left, leave it here to re-join the riverside path, again signed the Severn Way. The route now follows the flood bank around the peninsula.

At 5.4 miles (G/R 695 113) you reach The Old Passage Inn on your left which is a PUNCH POINT, you must punch your race number. Continue along the route, through Smiths Wood and on to Saul Lodge.

At 9.4 miles (G/R 741 082) the route turns left and shortly meets a small road (G/R 750 085) where you turn right towards Fretherne Bridge.

At 9.7 miles (G/R 746 084) cross Fretherne Bridge and continue ahead along the footpath, soon reach The Bell on your right - turn right here with the village green to your left. Shortly pass the Post Office on your right, then soon, just as you pass a small pond to your left, go right and you will see a large barn at Manor Farm which is your campsite for this leg (G/R 748 081) at 9.8 miles.

Navigation difficulty rating: Low, signed The Severn Way  
Course type: Floodbanks, fields.

Total distance – 59 miles.